

# Patient Family Partnership Council

NAVAL HOSPITAL YOKOSUKA



During the first week of each month, the Patient Family Partnership Council hosts an open forum for community members and hospital staff to discuss any concerns related to your care.

**Here are a few updates from council...**

## LACTATION RESOURCES

For a comprehensive list of USNH Yokosuka and CFAY lactation resources please visit:

<https://yokosuka.tricare.mil/Health-Services/Primary-Care>

To inquire about virtual visits with our staff Lactation Consultant, please call 243-5505.

## INFANT FEEDING IN EMERGENCIES

Considering infant feeding in disaster preparedness efforts and when putting together emergency kits is important. Families are encouraged to visit the CDC to learn more:

<https://www.cdc.gov/infant-feeding-emergencies-toolkit/php/facts.html>

## SHADOWING

As of now, the hospital is only able to offer clinical shadowing opportunities to Active Duty. Interested Active Duty can reach out to interim coordinator, LT Kollars at [nicole.e.kollars.mil@health.mil](mailto:nicole.e.kollars.mil@health.mil)

## MAKE A DHA VIRTUAL EDUCATION CENTER ACCOUNT TODAY

Get informed. Ask the right questions. Make the best decisions about your health.

The Virtual Education Center (VEC) is the most comprehensive and reliable resource for health wellness education for all beneficiaries.

Visit <https://yokosuka.tricare.mil/Patient-Resources/Virtual-Education-Center> or <https://vec.health.mil/> to learn more.

Do you have questions or concerns regarding your health care?  
Interested in learning more about Patient Family Partnership Council?  
Email us at [dha.yokosuka.Yokosuka-NH.list.pfpc@health.mil](mailto:dha.yokosuka.Yokosuka-NH.list.pfpc@health.mil)